

## Risk Factors

- Negative influences, situations, and characteristics that contribute to the probability that an individual will have difficulty coping with life. *(from Promoting Resilience in Preschoolers: A Strategies Guide for Early Childhood Professionals, 2012)*
- Like being caught in the storm without an umbrella.



## Protective Factors



- Resources, processes, or characteristics that help an individual buffer risk and build resilience. *(from Promoting Resilience in Preschoolers: A Strategies Guide for Early Childhood Professionals, 2012)*
- Like an umbrella that provides shelter from the storm.

## Resilience

- The ability to recover from or adjust to misfortune or change
- The ability to bounce back

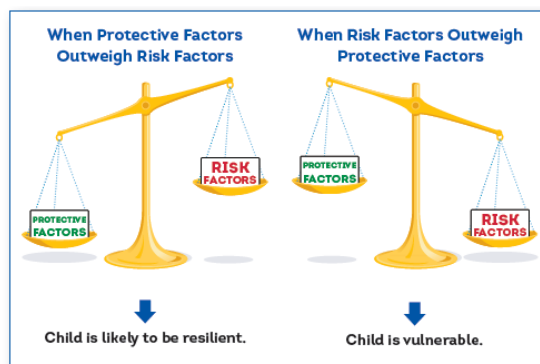


FIGURE 2.1: Resilience Scale

# Initiative

- The child's ability to use independent thought and action to meet his or her needs.



# Self-Regulation

- The child's ability to express emotions and manage behaviors in positive ways.

## DECA-P2 Initiative Items

- Choose to do a task that was hard for him/her
- Try different ways to solve a problem
- Try or ask to try new things or activities
- Show confidence in his/her ability
- Show an interest in learning new things
- Keep trying when unsuccessful
- Make decisions for himself/herself
- Remember important information
- Start or organize play with others

# Attachment/ Relationships

- The child's ability to promote and maintain mutual, positive connections with other children and significant adults.

## DECA-P2 Attachment/Relationships Items

- Show affection for familiar adults
- Seem happy or excited to see his/her parent or guardian
- Ask adults to play with or read to him/her
- Act in a way that makes adults smile or show interest in him/her
- Look forward to activities at home or school
- Trust familiar adults and believe what they say
- Appear happy when playing with others
- Show a preference for a certain adult
- Seek help from children/adults when necessary

## DECA-P2 Self-Regulation Items

- Handle frustration well
- Control his/her anger
- Show patience
- Accept another choice when his/her first choice is not available
- Cooperate with others
- Share with other children
- Listen to or respect others
- Calm himself/herself down
- Play well with others

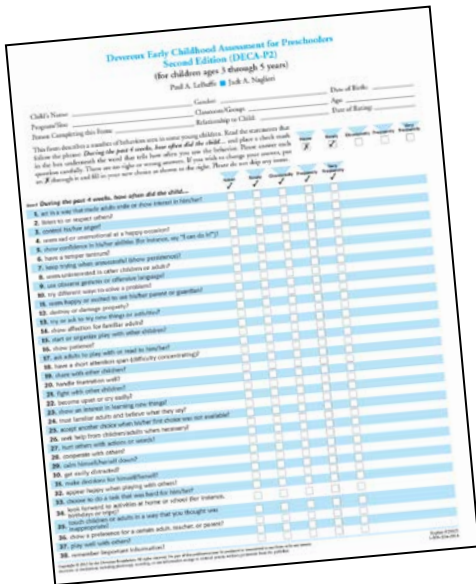
# Behavioral Concerns Scale

- Seem sad or unemotional at a happy occasion
- Have a temper tantrum
- Seem uninterested in other children or adults
- Use obscene gestures or offensive language
- Destroy or damage property
- Have short attention span (difficulty concentrating)
- Fight with other children
- Become upset or cry easily
- Hurt others with actions or words
- Get easily distracted
- Touch children or adults in a way that you thought was inappropriate



## DECA-P2 Definition


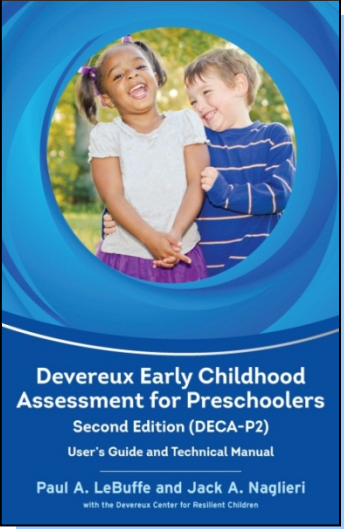
- The DECA-P2 is a strength-based, standardized assessment of within-child protective factors in children ages 3-5. It contains the following protective factor scales: Initiative, Self-Regulation, and Attachment/Relationships. In addition, the assessment includes an 11-item Behavior Concerns scale.
- The DECA-P2 is norm-referenced, reliable and valid.
- Paper and web-based/on-line version available.



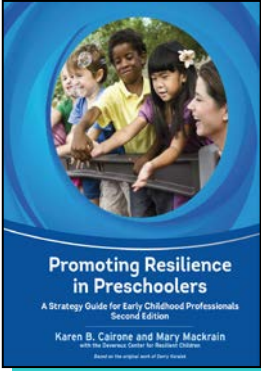
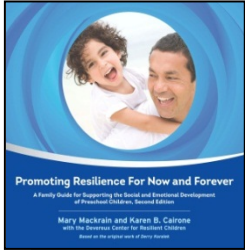
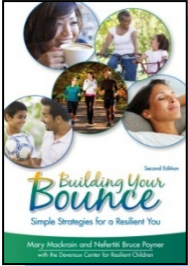
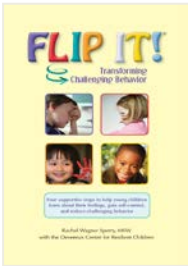




# Understanding the New and Enhanced Devereux Early Childhood Assessment (DECA) Preschool Program, Second Edition

The Resource	Key Changes	The Original	The Second Edition
<ul style="list-style-type: none"> <li><b>The Assessment</b></li> <li><b>The User's Guide and Technical Manual</b> (web-based also available)</li> </ul> 	<p><b>Updated Norms with new age range.</b> With standardized assessments, norms should be updated approx. every 10 years to reflect changes in the population. In addition to updated norms, the 2nd edition norms also reflect a new age range.</p>	<p>The standardization sample for the DECA includes 2 – 5 year old children and was based on the 1995 census.</p>	<p>The DECA-P2 includes children ages 3-5 and norms are based on the 2005 census.</p> <p>The DECA for Toddlers is now the recommended tool for 2 year old children</p>
	<p><b>Scale names</b> were adjusted to reflect current research and the importance of self-regulation and relationships as key protective factors for young children.</p>	<ul style="list-style-type: none"> <li>Initiative</li> <li>Self-Control</li> <li>Attachment</li> </ul>	<ul style="list-style-type: none"> <li>Initiative</li> <li>Self-Regulation</li> <li>Attachment/Relationships</li> <li>Behavioral Concerns</li> </ul>
	<p><b>Items</b> included slight wording changes, a few deletions of existing items, and several new items were added.</p>	<p>37 items (27 Protective Factor items, 10 Behavioral Concern items)</p>	<p>38 items (27 Protective Factor items, 11 Behavioral Concern items)</p>
	<p><b>Interpretation.</b> An additional interpretation technique, <i>Individual Item Analysis</i> has been added to the DECA-P2. This feature allows users to identify the child's strengths and needs at the item-level leading to more specific and behaviorally grounded strategies.</p>	<p>Individual Item Analysis did not exist on the DECA</p>	<p>Included in the DECA-P2.</p>



The Resource	The Second Edition
<p><b>Promoting Resilience in Preschoolers</b> A Strategies Guide for Early Childhood Professionals</p> 	<ul style="list-style-type: none"> <li>• 70 research-based strategies</li> <li>• Every Strategy is linked to literature or research showing its value.</li> <li>• Over four hundred tips to promote Initiative, Self-Regulation and Attachment/Relationships</li> <li>• Full color, enhanced format and design</li> <li>• Planning forms available as electronic downloads</li> </ul>
<p><b>Promoting Resilience For Now and Forever</b> A Family Guide to Supporting the Social and Emotional Development of Preschool Children</p> 	<ul style="list-style-type: none"> <li>• 50 strategies for families to promote their children's Initiative, Self-regulation and Attachment/Relationships</li> <li>• 5th grade reading level now makes it more friendly to all families</li> <li>• Full color, enhanced format and design</li> </ul>
<p><b>Building Your Bounce</b> Simple Strategies for a Resilient You</p> 	<ul style="list-style-type: none"> <li>• Supports overall program quality with a focus on the resilience and health of the staff</li> <li>• Includes a research-based survey, Devereux Adult Resilience Survey (DARS)</li> <li>• Includes tips and strategies that can easily be incorporated into an adult's daily routines</li> </ul>
<p><b>FLIP IT!®</b> Transformation Challenging Behavior</p> 	<ul style="list-style-type: none"> <li>• Strength-based strategy to address children's challenging behaviors</li> <li>• Offers a four step, supportive process that helps children identify their feelings, gain self-control and reduce challenging behaviors.</li> </ul>

